

# CALEDONIA CONNECTOR

## Serving Anglicans in Northern BC

### Upcoming Diocesan Events

#### Council of Elders

Monday, May 4th - Terrace

#### Diocesan Synod

May 8th & 9th - Terrace

#### Camp Cal

Week 1 - July 6 -11

Week 2 - July 13 - 18

[www.campcaledonia.ca](http://www.campcaledonia.ca)

#### Follow us

Current new items and prayer lists are on our website and Facebook page.



### Daily Dose of Scripture

*by Bishop David Lehmann*

I used to have a dog, his name is Jack. Jack has a joy for life and once my feet hit the floor in the morning he wanted a walk. There was no easing into the day, but grab the leash and head out. This led to me saying morning prayer while still in bed. I loved to reflect on the readings from Morning Prayer while we walked. So an understanding formed between us that after I prayed, we would walk.

#### *How are the Daily Offices helpful?*

If I want to be honest, I need structure to my life. Patterns of prayer are a form of discipline that helps to deepen my faith. There are days when it seems there isn't time to pray. On those



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OF CALEDONIA**



## Bishop's Travels

February 2	Laxgalts'ap
February 9	Hazelton
February 23	Port Edward
March 1	Laxgalts'ap
March 8	Bulkley Valley
March 15	Terrace & Kitimat
March 29	Gingolx
April 3	Vanderhoof
April 5	Dawson Creek
April 9	Mackenzie
April 10	Chetwynd
April 11	Hudson's Hope
April 12	North Peace
April 19	Laxgalts'ap
Apr 19 - 28	House of Bishops
May 10	Terrace
May 17	Laxgalts'ap
May 24	Smithers
June 7	Laxgalts'ap
June 14	Port Edward
June 21	Vanderhoof

days, I recall a story I once heard about Martin Luther who on busy days would get up extra early to make more time for prayer, as the day needed it. This practice hems the day and serves as a reminder that Jesus is Lord of my life and all the chaos too!

The Daily Office has a two year cycle of Bible readings. Some of these readings do not make it into devotionals and study guides. They offer the breadth of Scripture. There are days when I have to make a note of the reading to study more, which is rather exciting.

### *Devotionals and Seasonal Resources*

There are many wonderful resources for devotions. Our Daily Bread, Scripture Union Notes, Advent & Lent guides are but a few. It is heartwarming for me to see these being used, alongside weathered Bibles. There are many options, especially for families, to have a holy habit of Bible reading and prayer.

### *What works for you?*

One of my jokes is that Food Courts were made for me! I like them for the variety of options. When with a group, everyone can eat what they enjoy while we share a common meal. When it comes to spiritual practices, my rule is to find what works for you. Knowing that we have seasons in our lives and that things change. And in a scary way, there are times to challenge ourselves and leave our comfort zones. The important thing is to have a habit and spend time with God in the Word.

### *Let the Holy Spirit shine out!*

A few years back I received a phone call. The caller asked if I had experienced anything unique during Morning Prayer that day. It was exciting to know it wasn't just me. When I had said the Creed, I was struck with an overwhelming desire to shout "Alleluia!" Evidently a number in my area had the same burning desire. What a gift it was to have not only the joy of that moment, but to know that the Holy Spirit was leading others to the same joy.

All this is to say, don't be shy letting people know what God's saying to you in your prayer life. God's constantly forming us for his Kingdom and ministry - let your light shine and share what the Holy Spirit is saying to you and the Church!



## Welcome to the Rev'd Emma Vickery

The Reverend Emma Vickery is the new Incumbent of Terrace-Kitimat. She, along with her husband Donovan and 3 children have arrived from Dayton Valley, Alberta. She is no stranger to BC having spent time on Vancouver Island. The Vickerys are living in Kitimat and Rev'd Emma will have an office at the Synod Office on days in Terrace.

Welcome and enjoy the snow!

## The Clergy Column

The Caledonia Times was placed on hiatus in the summer of 2017. The Caledonia Connector was born to meet the need to share information around the Diocese. This month starts a regular column by the clergy of the Diocese. Many thanks to Rev'd Ray Fletcher for his contribution to start us off!

# Pause for Silence

by the Reverend Ray Fletcher

From the very beginnings of Christianity there has been silence.

“We live in a world dominated by noise. Religion is for many a haven from the cacophony of everyday life, allowing us to pause for silent contemplation. But there are many forms of religious silence, both positive and negative...” (1)

In this short piece I will share some thoughts about silence in worship and, in particular the liturgy. Some thirty odd years ago Micheal Ramsey, the 100th Archbishop of Canterbury authored a small book, ‘study in the life of prayer,’ taking as the title verse 11 from psalm 46 “ Be Still And Know “ - that I am God - speaks to us of being still; being silent in order that we may know God.

Silence, Ramsey says, “ enables us to be aware of God, to let mind and imagination dwell upon his truth, to let prayer be listening before it is talking, and to discover our own selves in a way that is not always possible when we are making or listening to noise.” (2)

In another place he says, “If every spare moment within and around the liturgy is filled with music and activity much is lost in the linking of liturgy to the meditative and contemplative aspects of the Christian life.” (3)

There is, perhaps, in these times of modern technology, to consider something said thirty years ago, as rather outdated. However in a recent book of Rowan Williams, “ Being Human” (4) he says, in the chapter ‘ Silence and human maturity,’ “ For God to Communicate who and what God is, God needs our silence.” and, he goes on to say, “ We can apply this to the liturgy of the Church. Good liturgy is about silence;”

Technology has lead to a much wider use of the PowerPoint, iPads, etc. Certainly helpful for those with arthritis, but also they have tended to remove the use of Prayer books and Hymn books (some folks prefer to use books still) Changing what is on the screen eliminates much of the pause between verses and Prayers, and thus any moment of pause for reflection. This would suggest, those who plan Worship need to be more aware of the pauses and silences. The BAS is used extensively in our worship and a review

of the introductory notes for the Eucharist and the reciting of the psalms would be helpful to allow for the significant silence and reflection during the liturgy. Originally the psalms were always sung, (in order to appreciate the poetry) and there was always a pause (count 3 to 4) between the two halves. (5 and 6)

There is mystery in our liturgy and we should not try to explain it by more words and noise. We should not seek to control what God might be communicating to the faithful soul sitting in the pew, individually or corporately.

### **Notes**

1. "Silence, A Christian History" Diarmaid MacCulloch, Penguin Books, 2014

This is the Book published subsequent to the author giving the Gifford Lectures at the Institute of Advanced Studies, University of Edinburgh 2006

2. "Be Still And Know, A Study in the Life of Prayer Michael Ramsey, Wipf and Stock Publishing, 2012 Previous published HarperCollins UK 1982 (Copyright 1982 Community of the Resurrection)

3. "Be Still And Know"

4. "Being Human, Bodies, Minds, Persons" Rowan Williams, Wm B. Eerdmans Publishing Co. 2018, especially Chapter 5, Silence and Human Maturity.

5. Book of Alternative Services (BAS), Anglican Church of Canada, Second Printing 1986 pages 174 - 184.

6. BAS pp. 700 - 704

### **Further Reading**

Rowan Williams, "Being Disciples, Essentials of the Christian Life."

Rowan Williams "Being Christian" Baptism, Bible, Eucharist, Prayer

Rowan Williams "Where God Happens..."

Benedicta Ward said of "This book is a marvellous introduction to the first Christian monks, the Desert Fathers.... relevant for the twenty-first century.

Mark Gali "Beyond Smells and Bells, The Wonder and Power of Christian Liturgy, Paraclete Press, Fourth Printing 2014.

Prudence Daily "The Book of Common Prayer: Past, Present & Future" 350th Anniversary Celebration. There is a significant Postscript with a title from the first verse of psalm 46, quoted earlier, and written by Terry Waite and speaks of his almost five year solitary confinement. "A very Present help in Trouble."



# Camp Caledonia Summer 2020

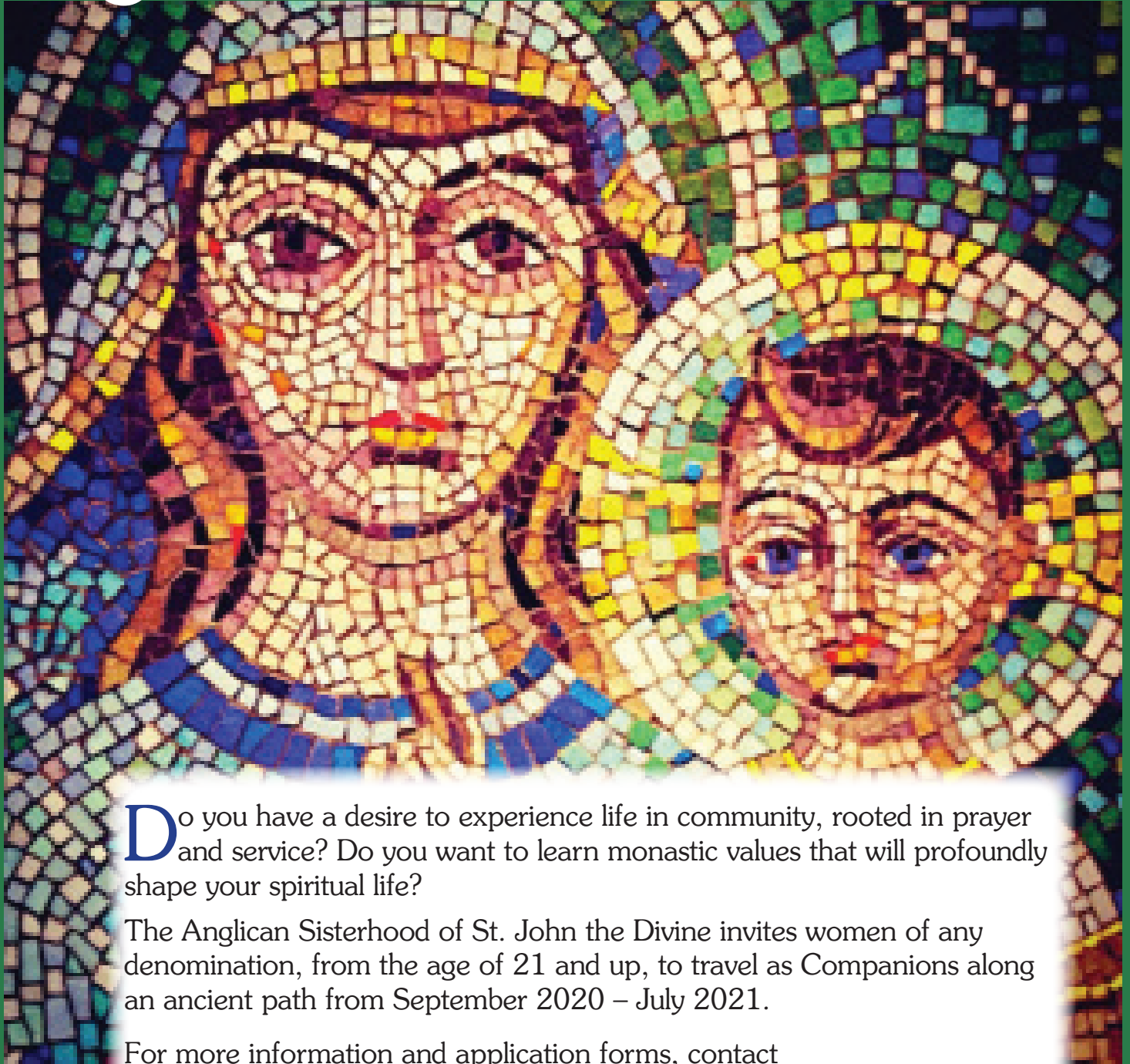


GLOW - God's Love in Our World  
Mixed I Camp (ages 5-10) — July 6 - 11  
Mixed II Camp (ages 6-13) — July 13-18

**CAMP CALEDONIA** is located at 2818 Telkwa High Road on Tyhee Lake near Telkwa, BC. The camp is easily accessible by car. For more information check us out on Facebook and on our website: [www.camppedonia.ca](http://www.camppedonia.ca)

Email: [camppedonia@gmail.com](mailto:camppedonia@gmail.com) or  
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