

# CALEDONIA CONNECTOR

## Serving Anglicans in Northern BC

### Upcoming Diocesan Events

#### Prayers @ Mid-day

Monday - Saturday ~ 12:15 PT

St. Andrew's Cathedral  
Facebook Page

#### Compline

Nightly

9:00 PT on the Diocesan  
Facebook page

#### Diocesan Service

Sundays

10:00 am PT on Facebook,  
YouTube, and Vimeo

#### Advent Quiet Day

Please join us on Zoom on  
December 9th for prayer and  
reflection as we prepare for  
our Christmas celebrations.

## Thanksgiving

by Bishop David Lehmann

Remember this: Whoever sows sparingly will also reap sparingly,  
and whoever sows generously will also reap generously.

*2 Corinthians 9:6*

I love Thanksgiving weekend. It's a great time in autumn where it's cool in the evenings, yet sometimes warm in the daytime. The food is that of comfort and family tradition. People gather and offer thanks.

As Christians, there is a reminder that our hearts should be fixed to offering thanksgiving frequently. Indeed, I invite people to end the day with a review of gratitude at Compline. An important practice for viewing the day as a gift from God and to practice thanksgiving for it.

As a discipline, I have found making thanksgiving a daily (if not hourly) practice essential. The world around me tells me what I lack and need. But, there are many blessings and being focused on gratitude allows me to appreciate what I have - even the hardships. While the hardships don't come from God, but are a product of living in a fallen world, there remains hope and God's love while moving through them.

There are many things in life that can be taken for granted, especially in our diocese. I have access to clean water, most of the time. There is hydro, natural gas, and groceries. I



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OF CALEDONIA



## Bishop's Travels

October 1 Nass

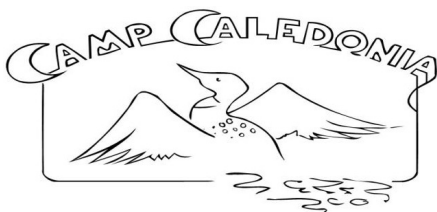
October 8 Prince Rupert

October 15 Smithers

October 17 to November 28 traveling outside the diocese for the Council of the North Fall meeting (Toronto), seating of the Bishop of Ontario (Kingston), National House of Bishops (Niagara Falls), New Bishop training (Canterbury, UK), Province of BC & Yukon Summit (Vancouver), and Council of General Synod (Toronto).

## Camp Caledonia

2024 Camps are being planned!



[www.campcaledonia.ca](http://www.campcaledonia.ca)

can see the blessing of health care, social supports and caring communities. Violence is limited. There are many freedoms that I don't give a second thought to. Caledonia truly is a blessed place to live. Did I mention the enviable view?!

There is indeed much to be thankful for in life. And at this time of the year, with the turning of the seasons we pause to give thanks for the harvest. The verse above points us beyond a day or a season to a regular practice of thanksgiving. A practice which I find compels me to look beyond the moment to a bigger picture. To frame my life in thanksgiving and to sow gratitude in my heart.

What is your practice of thanksgiving? Is it inviting people at Thanksgiving Dinner to share what they are thankful for? Is it to review with gratitude each day? Every time I drive across the only level crossing between Terrace and Prince Rupert without stopping, I thank Jesus. And there is much more to be thankful for. I invite to form a holy habit of thanking God for the blessings you have while acknowledging God grace in the struggles too.

*May we pray.*

Creator of the fruitful earth, you made us stewards of all things. Give us grateful hearts for all your goodness, and steadfast wills to use your bounty well, that the whole human family, today and in generations to come, may with us give thanks for the riches of your creation. We ask this in the name of Jesus Christ the Lord. Amen. (BAS.)

O MOST merciful Father, we humbly thank thee for all thy gifts so freely bestowed upon us; for life and health and safety; for power to work and leisure to rest; for all that is beautiful in creation and in the lives of men; but above all we thank thee for our spiritual mercies in Christ Jesus our Lord; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. Amen. (BCP)

## Ruby's Thoughts

*"His yoke is easy and his burden is light."*

*(Matthew 11:28-30 NIV)*

Recently on CBC radio I heard a paralympic athlete saying he wanted people to feel safe to make mistakes. I thought: "Wow, that is what Christ can do for us." When we become aware that God loves us unconditionally then our lives can be more relaxed and we can grow into the gifts God has given us.

When I look at Joseph in the book of Genesis, I see a 17-year-old who felt secure in his father's love. He made mistakes – telling his brothers he would rule over them – no tact there! But God had a plan for Joseph and he was able to grow into his gifts. By the time his brothers came to Egypt for grain Joseph wanted only to help them and get news of his father and younger brother. I think that Joseph's attitude is an example of what Christ meant when he said "my yoke is easy and my burden is light. Joseph's yoke was to serve pharaoh

## Good News in difficult days

*61st Synod of the Diocese of Caledonia (by Dean Williams)*



Beginning September 14th (the Feast of the Holy Cross) through September 17th, the Cathedral was privileged to host the Indigenous Council of Elders meeting, the 61st Synod of the Diocese of Caledonia, and finally, at our Sunday Morning

Eucharist, guest speaker Sr. Brenda Jenner, SSJD. A team of workers began preparations for this eventful weekend in August, with the Parish Hall being refreshed by a group of parishioners led by husband-and-wife team Danny and Bertha Jackson. Bishop David provided all of the meals through his culinary expertise in such amounts that no one went hungry, and members of the local ACW along with some of the menfolk were on hand to make sure that that was the case, and that no dish was left unwashed. A hearty and sincere thank you to the members of the Cathedral Parish for all your efforts, you have done the Parish and the Diocese proud.

During the Synod, members were encouraged to begin thinking about priorities that the Diocese needs to work through for the next three years, in the areas of faith formation, best use of our financial resources, and handling the difficult, often conflicting, issues affecting us all. There were serious discussions but with the help of our Bishop's leadership and our guests to Synod and through the process of guided conversations, the Synod was able to provide the new Executive Committee of the Diocese with a direction to pursue going forward.

As well, over the course of the weekend, both during the

and help his family. His burden was light because he did not carry a grudge against his brothers. He was free to serve God. We know that conversion is not a one-time event. My ongoing conversion can include letting go of past troubles and listening for God's will for me. By trusting God, I can live on with a lighter heart.

*Ruby McBeth is a retired Lay Reader in the North Peace Parish*

## Social Media

Please look for the Diocese on Facebook @dioCaledonia

Vimeo by searching for the Diocese of Caledonia or [vimeo.com/user110118524](https://vimeo.com/user110118524)

YouTube Channel - *Diocese of Caledonia*

plenary sessions as well as in our down time, there were good conversations, many opportunities to laugh together, and it was so good to see the Diocese come together in this way.

Those who didn't return home straight away were privileged to listen to Sr. Brenda as she spoke not only to the Sunday morning texts on forgiveness but also on the life of the religious, nuns and monks, in the Anglican Communion, introducing many to a new facet of our faith experience.

Thanks to all the members and the cathedral community for all the hard work and the joy of being community together.

## Caledonia Pilgrimage 2023



Our 61st Synod concluded with a pilgrimage walk through Prince Rupert, the Bishops. Starting at the Cathedral, we walked to the Seal Cove Marsh. There we were joined by others. After offering quick prayers and reflection, as the rain was picking up, we walked the Rushbrook Trail (named after Archdeacon Rushbrook). After emerging from that



rainforest oasis, the pilgrims continued on city streets to Service Park and ascended up to the Cathedral. It was 8K and slightly damp.

Thanks to Louise Peters for organizing it and providing the helpful resources for the walk and meditation.

### *Provincial Council 2023 In-person Meeting (by Louise Peters)*

It was lovely to meet in person at Sorrento Centre. The first day there the helicopter was flying over with water from the lake every 5 minutes. Was a distinct reminder that we were in a fire zone and on evacuation alert. Saturday we rejoiced in seeing the rain.

The meetings were very good but intense. The good news bad news is that the majority of Dioceses in the province are also struggling with lack of people and resources. There is a summit planned for November in Vancouver. Ken Alton and Audrey Barton will represent the Diocese of Caledonia.

We spend a lot of time discussing what we as a Provincial Council would like to bring to the summit.

- How can we share resources better? I.E. does each Diocese need their own Chancellor or can we share.
- The Dioceses of Kootenay and Caledonia and the Provincial Council are using the same accountant. This is working well. Should we be doing more of this.
- How can we restructure to make us more effective in carrying out our ministry.
- The time has come to put aside the thinking that we have always done it this way so it must be done this way. Think outside the box.
- Don't be afraid to ask the hard questions.



Amongst the intensity of the meeting we had time to laugh, cry, reconnect with those we only saw on zoom and enjoy opportunities to worship.

## **Gospel Based Discipleship**

Attached are the Gospel readings for October. Read the Gospel three times asking 1. what words jump out, 2. what is Jesus saying to me, and 3. what is Jesus calling me to do? The Gospel Based Discipleship book may be found at [www.anglican.ca](http://www.anglican.ca)



## Gospel Based Discipleship — October 2023

Date	Day	Gospel	Colour
<b>1</b>	<b>Eighteenth Sunday after Pentecost</b>	<b>Mt 21:23-32</b>	<b>Green</b>
2	Monday	Luke 9:46-50	Green
3	Tuesday	Luke 9:51-56	Green
4	Francis of Assisi, Friar	Luke 9:57-62	White
5	Thursday	Luke 10:1-12	Green
6	Friday	Luke 10:13-16	Green
7	Saturday	Luke 10:17-24	Green
<b>8</b>	<b>Nineteenth Sunday after Pentecost</b>	<b>Mt 21:33-46</b>	<b>Green</b>
9	Monday	Luke 10:25-37	Green
10	Paulinus, First Bishop of York, Missionary	Luke 10:38-42	Green
11	Wednesday	Luke 11:1-4	Green
12	Thursday	Luke 11:5-13	Green
13	Edward the Confessor	Luke 11:14-26	Green
14	Saturday	Luke 11:27-28	Green
<b>15</b>	<b>Twentieth Sunday after Pentecost</b>	<b>Mt 22:1-14</b>	<b>Green</b>
16	Monday	Luke 11:29-32	Green
17	Ignatius, Bishop of Antioch, Martyr	Luke 11:37-41	Red
<b>18</b>	<b>St Luke the Evangelist – Holy Day</b>	<b>Luke 4:14-21</b>	<b>Red</b>
19	Jean de Brebeuf, Isaac Jogues, and their Companions Missionaries and Martyrs in New France	Luke 11:47-54	Green
20	Friday	Luke 12:1-7	Green
21	Saturday	Luke 12:8-12	Green
<b>22</b>	<b>Twenty-First Sunday after Pentecost</b>	<b>Mt 22:15-22</b>	<b>Green</b>
23	James of Jerusalem	Luke 12:13-21	Red
24	Tuesday	Luke 12:25-38	Green
25	Wednesday	Luke 12:39-48	Green
26	Alfred the Great, King of the West Saxons	Luke 12:49-53	Green
27	Friday	Luke 12:54-59	Green
<b>28</b>	<b>St Simon and St Jude, Apostles – Holy Day</b>	<b>John 15:17-27</b>	<b>Red</b>
<b>29</b>	<b>Twenty-Second Sunday after Pentecost</b>	<b>Mt 22:34-46</b>	<b>Green</b>
30	John Wyclif, Reformer <i>or</i> Jan Hus Reformer <i>or</i> Both Together	Luke 13:10-17	Green
31	Saints of the Reformation Era	Luke 13:18-21	Green